

HOW TO MANAGE BITING IN NURSERY



Finding out why children may be biting

As biting is common in nurseries it is important to find out why children may be doing this could it be because they are;

- Tired
- Unwell
- Teething
- Trying to communicate as lack language skills to communicate
- Frustration

Dealing with a biting incident

- When a biting incident happens at nursery this can be fraught with tension.
- Practitioners who are dealing with this incident need to comfort the child who has been hurt and then deal with the other child.
- Remember that strategies used in dealing with this behaviour needs to be applicable to the child's age and stage of development.
- Always document this incident and report this to the office.

Approaching parents

- Speak to both sets of parents
- Stay calm and be professional
- Discuss your behaviour management policy with parents
- Get each set of parents to sign the relevant documents keeping the signatures confidential from the other parent.

Monitoring the incident

- Keep an eye on the child who is biting to see if this is an ongoing incident. If it carries on use an ABC chart as this will give you a better understanding of what the behaviour is communicating.
- Make sure you keep the parents informed of what you are doing at nursery.